

Baines Dental Wellness



ORTHOPEDIC OCCLUSAL SPLINT

Care for your splint:

1. Wear the appliance as much as possible. Take it out when eating.
2. Keep the splint and your teeth clean. Daily cleansing is necessary to avoid mouth odor and tarter build up on the appliance.
3. Use a denture brush along with water or hand soap.
4. Keep appliance in a case when not in use. They are easily misplaced due to the clear color.
5. If your mouth becomes irritated for any reason, call the office for an appointment.
6. Please bring the occlusal splint to ALL dental appointments.
7. Follow the therapeutic mediation regimen prescribed.

CAUTION: DO NOT WEAR THIS APPLIANCE WITHOUT PROFESSIONAL SUPERVISION.